

Hi all...

Just some weekend info for the CSSRA this weekend! It is in the same location as Mother's Day but will have a significantly higher attendance, especially on Saturday.

## 1. The regatta

The regatta takes place over 3 days, some races go straight to semi-final(Saturday) but you usually qualify on one day to move forward to the next day. Finals will take place on Sunday. The earliest race on Friday is at 9:30 am and the latest is at 4:35 pm. Rowers should take direction from coaches about when to arrive.

The draws for all 3 days are up at [www.cssra.ca](http://www.cssra.ca) There will be a new draw posted each night for the next day. Draws may be purchased at the gate.

There is an entrance fee for this regatta. It is \$22 for all 3 days that grants you access to the island and the stands or by day Friday is \$7, Saturday is \$9 and Sunday is \$9. Children under 12 are free. You must have a wristband to enter and exit the area and the grandstands.

Parking is often challenging. Parking is available in the lot, in an upper lot of the club and in some grassy areas. Parents should not park through the gates as these spots are meant for tents and school catering set up. You will want to park legally as parking tickets can be quite costly.

### **IMPORTANT INFORMATION FOR YOU BEFORE YOU ARRIVE FOR THE CHAMPIONSHIPS (from CSSRA):**

The winter season is finally over so we have moved to the next season: ROAD CONSTRUCTION. Please be aware that **Main Street at Martindale road will be torn up starting Monday June 2nd**. It will be safer and easier to get to the island if you use the Ontario Street or Lake street exits and drive through Port Dalhousie.

## 2. For parents

There is no drinking or tailgating on Henley island, this can result in a team disqualification. There are restaurants and bars located in Port Dalhousie, a short

drive, walk or bike ride from the island. There is also the general expectation of team decorum on the island. Spectators should cheer and encourage the Westdale team but not yell out comments that would be distracting or inappropriate to rowers or other spectators.

For new rowers, there is a general protocol rule for unisuits that they not be take down off the shoulders for male or female rowers.....just a reminder.

### 3. Gifts

We will be collecting a minimum of \$10 from each rower by the end of the rowing day Saturday for coaches' gifts. The money can be handed in to Hudson Halcro so that there is time to make purchases before Sunday night. Please remember the rowing hours, gas, early morning and commitment when you consider our coaches.

### 4. Season end Party

We will be having a season end get together at Kelsey's on Main West across from Westdale in the downstairs room at 7 om on Sunday night. Appetizers menu and bar service will be available. It will be a culmination of our season and Mike and Alessandra will be making presentations.

Lastly.....PLEASE....check the weather and make sure your child is prepared. Water, hats, rain gear, shelter, sunscreen.....We have had severe rain, heat stroke, flooding on Henley Island....just about every weather system in the last 4 years. Friday and Saturday are forecast to be moderately warm with a chance of thunderstorms on Sunday at this point. Be prepared!